

STARTERS

Gambas al Ajillo , a taste of Spain with a lot of olive oil & garlic	65
Crab and Avocado Tian , a delicious mixture of fresh crab & avocado	75
Our Signature Country Pâté , served with warm bread & pickles	70
Antipasti , with Italian cold cuts, marinated vegetables, olives, cheese & pesto bread	85
Mussels Marinière , lots of fresh mussels in a wine cream sauce with chips & mayo	80
Mezze Platter , hummus & babaganoush dips, pita bread, falafel & feta cheese	85

SALADS - SMALL OR LARGE - 50 OR 70

Caesar salad with country croutons, chicken or salmon & home made caesar dressing	
Chicken & Avocado salad , breast of chicken mixed with a delicious mayo & sliced avocado	
Greek salad , with feta cheese, cherry tomato, cucumber & lemon and olive oil dressing	
House Combo salad , tuna & chicken on a mix green salad with creamy dressing	
Warm Bread salad , salad with parma ham, poached egg, parmesan shaves, herbs & lemon olive oil dressing	

SOUPS - SMALL OR LARGE - 30 OR 45

Soup of the day - please, refer to our staff -	
Minestrone soup , delicious italian vegetable & pasta soup w/warm bread & parmesan cheese	
V The traditional French onion soup with Swiss cheese & croutons	
V The Real mushroom soup	
Tom Yam Soup , our own spicy or not spicy Tom Yam Soup of prawns, squid, mussel & chicken	

VEGETARIAN CORNER

Tomato Salsa with Tortillas Chips	50
Vegetarian Antipasti Platter	80
Grilled Polenta , served with bell pepper & tomato sauce	60
Healthy Salad , watercress & rocket salad with beetroot, apple & vinaigrette dressing	65
Chargrilled Marinated Vegetables Platter , served with salsa or pesto sauce & bread	70
Indian Curry Feast of Vegetables , served with raita & rice	75
Vegetarian Burger , served with french fries or salad	65
Potato Skins , filled with:	70
. mexican sweetcorn relish	
. mushroom in spicy tomato sauce	
. baked beans, cheese & chives	

MAINS COURSES

Veal Medaillon , bacon & cheese layers with sautéed potato & mushrooms, topped with a creamy white wine sauce	110
Beef Daube , succulent beef stew in a red wine sauce with potato mash.	85
Tournedos Rossini , beef fillet mignon topped with goose liver, port wine reduction potato gratin & rocket salad.	160
Bouillabaisse , delicious provencal seafood stew of mussels, prawns, sea bass, salmon & calamari served with garlic bread & rouille sauce.	130
Beef or Chicken Kebab with couscous and spicy chickpeas salsa.	85
Parmesan Chicken Breast & crispy posh ham with green onion mash.	85
Roasted Pork Tenderloin with white beans pancetta ragu.	85
The Real Moroccan Couscous , of vegetable, beef, chicken & Harissa sauce.	115
Foie Gras Saltimbocca , 3 slices of Goose liver layered with prosciutto & sage, served with potato gratin	120
Beef Teriyaki , served with rice, wasabi & soy sauce	85

FROM THE GRILL

All our grilled meats are served with Jacket Potato, Mash Potato, French Fries or Roasted Potato and Vegetables.

Your choice of Sauce: Béarnaise, Black Pepper, Red Wine, Mushroom, Herbs Butter.

T/Bone Steak 16oz/430 g - Australian Beef	160
Fillet Mignon 8oz/230 g - Australian Beef	140
Rib Eye Fillet 14oz/350 g - Australian Beef	150
Sirloin Steak 14oz/350 g - Australian Beef	150
Rack of Lamb Australian Lamb	130
Smoked Baby Back Ribs in our BBQ Sauce	110

BURGERS FROM THE GRILL

Burgers include French Fries or Green Salad with Vinaigrette

Classic Burger	60
Cheese Burger	65
Super Burger , bacon, cheese, egg	70

TEX MEX CORNER

V Cheesy Tacos , corn tortillas stuffed with lots of cheese, guacamole, salsa, lettuce	75
Chicken or Beef Tacos , lots of cheese, guacamole, salsa, jalapeno, lettuce	80
V Tostadas , flat corn tortillas with refried beans, lettuce, guacamole, salsa & cheese	75
V Super Nachos , topped with sour cream, refried beans, guacamole & jalapeno	80
Quesadillas of chicken or vegetable in a soft tortilla served with salsa & sour cream	75
Burritos of bean & beef with melted cheese, guacamole, sour cream & mexican rice	75
Enchiladas , tortilla with spicy ground beef & served with Pico de gallo & sour cream	75
Fajitas of beef, chicken or vegetable with soft tortillas, hot salsa & sour cream	80
Carnitas , tortillas topped with caramelized pork & served with salsa, lettuce, red beans avocado & cheese	80

SEAFOOD

Fish and Chips served with tartar sauce and lemon wedges	85
Char Grilled Tuna with dressed beans and loads of herbs & lemon wedges	105
Roasted White Fish wrapped in smoked bacon with lemon mayo & asparagus	95
Grilled Cod Fillet , brown butter & capers sauce with potato mash	115
Pan Seared Salmon Steak with creamy spinach & beurre blanc	110
Grilled Sole Fillet served with salsa verde, new potato and green vegetables	100

SIDES - 20 RMB

Grilled asparagus
Broccoli and carrot
Seasonal steamed vegetables
Creamed spinach
Sautéed Mushrooms
Ratatouille
Potato Gratin, French Fries or Roasted Potato

PASTA, RAVIOLI & LASAGNA

Spaghetti, Penne, Tagliatelle	75
Salmon & Creamy Tomato Sauce, Matriciana, Marinara, Bolognese, Carbonara, V Arrabiatta, V Aglio & Olio, Prosciutto & Chorizo, Scampi & Lemon, V Simple Tomato Sauce, Meat Balls & Tomato Sauce, V Pesto Sauce.	
Ravioli	75
Napoletana or V Ricotta Cheese & Spinach	
Lasagna	80
Bolognese or Seafood or Vegetarian	
Risotto	85
Alla Milanese or Prosciutto & Chicken or V Artichoke & Asparagus or V Wild Mushroom	

DESSERTS

Our Special Tiramisu , rich and luscious Italian dessert with our own twist.	55
Lemon Mousse , Light, simple & refreshing.	55
Vacherin , Meringue stuffed with ice cream, red fruit coulis & crème fraiche	60
Crème Brûlée , exquisite & worldwide known dessert	60
Crêpes Suzette , Flambée with Grand marnier or Rum	55
Profiteroles , Puff pastry choux with vanilla ice cream and hot chocolate sauce.	55
Affogato , Simply delicious, Vanilla Ice Cream with Espresso shot	55
Ice Cream , Vanilla, Chocolate, Strawberry	50
• with whipping cream	55
• with an awesome hot chocolate sauce	55
• with both of them !	60

CATERING

When you are catering for any event, large or small, corporate or private, choosing the right menu can be a difficult task.

That's why we, at **THE KITCHEN** have put together a menu pack & a selection of canapés with cost per person, for you to select.

These menus have been created to suit every occasion, from intimate dinner at home to a large scale buffet party.

At **THE KITCHEN**, our approach is to put your needs first, so you either arrange a pick up your order to serve yourself or

THE KITCHEN can provide you with professional chefs for final preparation, along with friendly, efficient waitresses to serve food & drinks while you entertain your guests.

THE KITCHEN can hire out out tables, chairs, crockery, cutlery, glassware, napkins & table-cloths, essentially everything you need to make your event a success.

We look forward to catering for you soon.

THE KITCHEN

TEL: 2531 3860

Website: www.thekitchenfutian.com

THE KITCHEN
FUTIAN

MENU

THE KITCHEN

FUTIAN

ADDRESS: SHOPPING PARK NO 144, COCO PARK NORTH, MIN TIAN ROAD,
FUTIAN DISTRICT - SHENZHEN
PHONE NUMBER: 2531 3860

MENU & DESIGN BY MICHÈLE LEGER ©
